

# Breast Pumping Record

Day		Minutes Pumped	Ounces Expressed	
Date	Time		Right Breast	Left Breast
	am/pm	min	oz	oz
	am/pm	min	oz	oz
	am/pm	min	oz	oz
	am/pm	min	oz	oz
	am/pm	min	oz	oz
	am/pm	min	oz	oz
Day Totals		min	oz	oz
Total Ounces Baby Consumed at Child Care:				oz

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	am/pm	min	oz	oz
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